



**Department of  
Veterans Affairs**

**Medical Center**

130 W. Kingsbridge Rd  
Bronx, NY 10468  
(718) 741-4273  
Fax (718) 741-4269

## **Health Headlines**

For Immediate Release  
May 15, 2013

### **Nationwide 2K Event Will Support Homeless Veterans and Promote Employee Wellness**

BRONX, NY – The James J. Peters VA Medical Center will host a 2K “walk and roll” event on May 15, at 12:00pm to coincide with National Employee Health and Fitness Day.

“Worksite wellness activities enhance employee engagement and contribute to a more productive and healthy workforce,” said Erik Langhoff, MD, Medical Center Director. “Last year, VA’s 2K here at James J. Peters was extremely successful and we intend to collect even more in-kind donations and involve more participants in support of employee wellness and homeless Veterans.”

The James J Peters VA event is just one of many 2Ks taking place May 15 at other VA facilities across the country. In conjunction with the event, Jean Cooney of Voluntary Services will inform participants of VA’s willingness to accept gifts in the form of round trip MTA Metro Cards for homeless veterans. However, there is no requirement for a donation in order to participate.

The James J Peters VA 2K will be held at the main campus at 12:00pm. In the event of inclement weather, the 2K will be held the following day at 12:00pm. Pre-registration is not required and those interested in participating should plan to arrive the Medical center’s main entrance no later than 11:45am, 15 minutes prior to your event start time. For additional information and more event details, please contact the local

2K coordinator, Wade Hathaway at 718-584-9000 ext 5186 or via email at [wade.hathaway@va.gov](mailto:wade.hathaway@va.gov).

VA's employee wellness program is known as WIN (Wellness is Now). WIN empowers employees with the knowledge, skills and tools they need to create a culture of health and wellness. Further, WIN encourages employees to use their appreciation of wellness to inspire Veterans to live healthier lifestyles. WIN integrates traditional occupational safety and health programs with health promotion activities, addressing both workplace and worker health and helping VA employees to do their important work of serving the Nation's Veterans.

Email [AskVHAEmployeeWellness@va.gov](mailto:AskVHAEmployeeWellness@va.gov) to find out if your VA facility is hosting a 2K event. VA facilities can be located by visiting [www.va.gov/directory](http://www.va.gov/directory). For more information related to this story or the James J. Peters VA Medical Center, please contact Jim Connell, Public Affairs Officer, at 718.584.9000, Ext. 6620.

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